

सूर्यवर्नायक नगरपालिका  
स्वास्थ्य सेवा, मेडिकल ल्याब टेक्नोलोजी समूह, मेडिकल ल्याब टेक्नोलोजिस्ट, सातौं तहको प्रतियोगितात्मक परीक्षाको  
पाठ्यक्रम

पाठ्यक्रमको रूपरेखा :- यस पाठ्यक्रमको आधारमा निम्नानुसार चरणमा परीक्षा लिइने छ :

प्रथम चरण :-	लिखित परीक्षा	पूर्णाङ्क :- १००
द्वितीय चरण :-	अन्तर्वार्ता	पूर्णाङ्क :- २०

प्रथम चरण – लिखित परीक्षा योजना (Written Examination Scheme)

पत्र/विषय	पूर्णाङ्क	उत्तीर्णाङ्क	परीक्षा प्रणाली	प्रश्न संख्या X अङ्कभार	समय
सेवा सम्बन्धी	१००	४०	वस्तुगत बहुवैकल्पिक (Multiple Choice)	५० प्रश्न X २अङ्क = १००	४५ मिनेट

द्वितीय चरण

विषय	पूर्णाङ्क	परीक्षा प्रणाली
अन्तर्वार्ता	२०	मौखिक

द्रष्टव्य :

- यो पाठ्यक्रम योजनालाई प्रथम चरण (लिखित परीक्षा) तथा द्वितीय चरण (अन्तर्वार्ता) गरी दुई भागमा विभाजन गरिएको छ ।
- प्रश्नपत्र अंग्रेजी भाषामा हुनेछ ।
- लिखित परीक्षाको माध्यम भाषा नेपाली वा अंग्रेजी अथवा नेपाली र अंग्रेजी दुवै हुनेछ ।
- वस्तुगत बहुवैकल्पिक (Multiple Choice) प्रश्नहरूको गलत उत्तर दिएमा प्रत्येक गलत उत्तर बापत अङ्क कट्टा गरिने छैन ।
- परीक्षामा कुनै प्रकारको क्याल्कुलेटर (Calculator) प्रयोग गर्न पाइने छैन ।
- परीक्षामा यथासम्भव सबै इकाईबाट प्रश्न सोधिने छ ।
- नगरपालिकाबाट संचालन हुने परीक्षामा परीक्षार्थीले मोबाइल वा यस्तै प्रकारका विद्युतीय उपकरण परीक्षा हलमा लैजान पाइने छैन ।
- यस पाठ्यक्रम योजना अन्तर्गतका पत्र/विषयका विषयवस्तुमा जेसुकै लेखिएको भए तापनि पाठ्यक्रममा परेका कानून, ऐन, नियम तथा नीतिहरू परीक्षाका मिति भन्दा ३ महिना अगाडि (संशोधन भएको वा संशोधन भई हटाईएको वा थप गरी संशोधन भई) कायम रहेकालाई यस पाठ्यक्रममा परेको सम्झनु पर्दछ।
- लिखित परीक्षामा छनौट भएका उम्मेदवारहरूलाई मात्र अन्तर्वार्तामा सम्मिलित गराइनेछ ।
- लिखित परीक्षा र अन्तर्वार्ताको कुल अङ्क योगका आधारमा अन्तिम परीक्षाफल प्रकाशित गरिनेछ ।

**विषय :- मेडिकल ल्याब टेक्नोलोजी**

## 1. Hematology

- 1.1. Cleaning of glasswares and safety precaution in the laboratory
- 1.2. Collection and preservation of different samples for the laboratory
- 1.3. Preparation of chemicals and different stains for the hematological tests
- 1.4. Quality control in the laboratory
- 1.5. Formation and development of Erythrocytes, Leucocytes, thrombocytes
- 1.6. Principle and clinical procedure for
  - 1.6.1 Hemoglobin estimation and it's standard curve calibration

- 1.6.2 Total count of W.B.C., R.B.C., Platelets and reticulocytes
- 1.6.3 E.S.R., B.T., C.T., and RBC indices
- 1.6.4 Foetal haemoglobin estimation
- 1.6.5 Coomb's tests
- 1.6.6 Blood banking & Transfusion
- 1.6.7 Coagulation profile (mechanism, disorder & investigations)
- 1.6.8 LE cell preparation
- 1.6.9 Tissue parasite
- 1.6.10 Absolutes cell count
- 1.7 Characteristics of Anemia, Leukaemia, Polycythemia, Leukamoid reaction, Thalassemia & Haemoglobinopathies
- 1.8 Principles and procedure of Osmotic fragility tests and cyto chemical stains
- 1.9 Principle and procedure of G6PD, Hemoglobin electrophoresis
- 1.10 Preparation of reagents for special haematological investigation
- 1.11 Waster Disposal and Total Quality Management
- 2. Microbiology**
  - 2.1 Bacteriology.
    - 2.1.1 classification of medically improtant bacteria
    - 2.1.2 Characteristics of Microorganism: Prokaryotes, Eukaryotes, Viruses
    - 2.1.3 Bacterial growth and nutritional requirements, uptake of nutrients, growth phages and sporulation
    - 2.1.4 Antimicrobial drugs and their mode of actions with reference to cell wall, cell membrane, Nucleic acid and protein synthesis
    - 2.1.5 Different methods of sterilization and disinfections
    - 2.1.6 Preparation of different media and ingredients uses and interpretation
    - 2.1.7 Preparation of chemicals and stains
    - 2.1.8 Cultural procedure of different samples aerobically and anaerobically
    - 2.1.9 Identification of bacteria and confirmative tests serologically and biochemically
    - 2.1.10 Different staining methods of bacteria and their principles
    - 2.1.11 T.B Bactriology and skin scraping for A.F.B
    - 2.1.12 Water bacteriology
    - 2.1.13 C.S.F. and cavity fluids for culture
  - 2.2 Virology (**Subsection 2.2& 2.3=10%**)
    - 2.2.1 Classification of medically important viruses and mode of infection
    - 2.2.2 Characteristic of viruses, nature of viruses, viral structure and replication
    - 2.2.3 Definition of R.N.A. and D.N.A. viruses
    - 2.2.4 Principle and methods of serological pcedure for HCV, HIV, HBsAg and HEV etc
  - 2.3 Parasitology
    - 2.3.1 Classification of medically important
      - 2.3.1.1 Protozoal parasites

- 2.3.1.2 Helminthic parasites
- 2.3.1.3 Blood parasites
- 2.3.1.4 Semen analysis
- 2.3.2 Methods of identification of different parasites from stool samples by
  - 2.3.2.1 Wet preparation
  - 2.3.2.2 Concentration methods
  - 2.3.2.3 Cultural methods
- 2.3.3 Method of identification of blood parasites
- 2.3.4 Routine Examination and special test in Urine
- 2.4 Mycology (Subsection 2.4& 2.5=10%)
  - 2.4.1 Identification of superficial, deep & systemic mycosis
  - 2.4.2 Opportunistic mycosis
  - 2.4.3 Examination and identification by different method and culture
- 2.5 Immunology
  - 2.5.1 Principle and procedure for the estimation of:
    - 2.5.1.1 V.D.R.L.,(RPR)
    - 2.5.1.2 T.P.H.A.,
    - 2.5.1.3 A.S.O.
    - 2.5.1.4 C.R.P.
    - 2.5.1.5 Rheumatoid factor
    - 2.5.1.6 Pregnancy test
    - 2.5.1.7 TORCH Range
    - 2.5.1.8 Cancer Marker
    - 2.5.1.9 Agglutination Reaction
    - 2.5.1.10 Precipitation Reaction
    - 2.5.1.11 Flocculation Reaction
    - 2.5.1.12 ELISA
    - 2.5.1.13 Haemagglutination Reaction
- 2.6 Waster Disposal and Total Quality Management

### **3 Biochemistry**

- 3.1 Preparation of normal and molar solution
- 3.2 Preparation of different reagents required for biochemical test
- 3.3 Colorimeter and spectro phometer
- 3.4 Flame Photometry
- 3.5 Carbohydrate metabolism:
  - 3.5.1 Glycolysis
  - 3.5.2 Glycogenesis
  - 3.5.3 Glycogenolysis
  - 3.5.4 Pentose phosphate pathway
  - 3.5.5 Kreb's cycle
  - 3.5.6 Gluconeogenesis
- 3.6 Protein metabolism
  - 3.6.1 Transamination

- 3.6.2 Deamination
- 3.6.3 Urea cycle
- 3.6.4 Nitrogen balance
- 3.6.5 Creatinine and creatinine formation
- 3.7 Lipid metabolism
  - 3.7.1  $\beta$ -oxidation
  - 3.7.2  $\alpha$ -oxidation
  - 3.7.3  $\omega$ -oxidation
  - 3.7.4 Ketone bodies formation and their utilization
  - 3.7.5 Ketosis
  - 3.7.6 Cholesterol and triglycerides synthesis
- 3.8 Hormone
  - 3.8.1 Introduction
  - 3.8.2 Types
  - 3.8.3 Origin
  - 3.8.4 Definition
  - 3.8.5 Classification
  - 3.8.6 Regulation
  - 3.8.7 Measurement by various methods including RIA, EIA
- 3.9 Principle and procedure of different methods for the estimation of biochemical tests
  - 3.9.1 Sugar, Urea, Cratinine, Uric Acid, Billirubin, GPT, GOT, ALP, Lipid profile, Cardic profile, Renal function test, Liver Function Test, Clearance study, Amylase & Electrolytes
  - 3.9.2 Cavity fluids examination
  - 3.9.3 C.S.F. examination
  - 3.9.4 24 hours Urine Protein
- 3.10 Waster Disposal and Total Quality Management

#### 4. Histology/cytology

- 4.1 Preparation of different types of fixatives and their uses
- 4.2 Methods of decalcification
- 4.3 Methods of processing of tissues to prepare paraffin block tissue
- 4.4 Description of different types of microtome, their principles and methods of cutting section from the paraffin block tissue
- 4.5 Preparation of routine and special histological and cytological stains and staining procedure
- 4.6 Principles and methods of staining and mounting the tissue section on the glass slides
- 4.7 Waster Disposal and Total Quality Management

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